



dementia
family
support

**HAVE YOU
HAD THE
TALK?**



Understanding Dementia Before a Crisis Happens

1 in 3 seniors dies with Alzheimer's or another dementia

Over 6 million Americans are living with Alzheimer's today

Family members provide over 11 billion hours of unpaid care each year

Yet most families don't understand dementia until they are already in the middle of it.

Communities, churches, and senior groups play an important role in helping families recognize the signs, understand the changes, and learn how to respond with compassion and confidence.

 **Calming your heart and holding your hand**

Bring a Dementia Education Program to Your Community

Jennifer Riggs, Director of Dementia Services at Dementia Family Support, offers engaging and informative presentations designed to help families better understand dementia and how to support someone living with it.

Her talks combine practical knowledge, real-life examples, and compassionate guidance that leaves audiences feeling empowered rather than overwhelmed.

JENNIFER IS A:

- **Certified Dementia Practitioner (CDP)**
- **Positive Approach to Care (PAC) Trained**
- **Montessori Dementia Care Professional**
- **Dementia Consultant working with families, senior communities, and care professionals throughout the region**

Popular Community Presentation Topics

What Is Dementia? Understanding the different types and how the brain changes

Normal Aging vs Dementia Recognizing early warning signs

The Dementia Journey What families can expect over time

Communication Changes & How to Respond

Brain Health & Risk Reduction

Caring for a Loved One with Dementia Practical strategies for families

Dementia Live Immersive dementia experience

Programs can be **customized** for your audience and typically run **45–60 minutes with time for questions.**



Let's Start the Conversation

Bring this important discussion to your community and help families feel more prepared and supported.

Schedule a Presentation Today

Jennifer Riggs

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